CENTURION SPOTLIGHT

SCHOOL SAFETY



Avylon Kemna-Berg *Editor in Chief*

Safety in American schools has become an essential factor for many students, parents, and educators to foster a healthy learning environment where people can thrive in their educational and life skills.

Within the last few years, schools have drastically changed their safety procedures and protocols for campus safety due to an increased number of school shooting incidents and lockdowns In addition, many schools across America are implementing regularly mandated fire, earthquake, lockdown drills, and active shooter drills to ensure that students, as well as staff, are prepared for emergency situations.

Across the nation, teachers are typically mandated to participate in emergency training for first aid and CPR as well as what to do in the event of a natural disaster.

Although teachers and staff members receive emergency training in critical skills that can save lives, students are often unaware of what to do in the event of an emergency situation happens if something where to happen to their teacher.

#CYPSPOTLIGHT

SENIOR BOWLING

Seniors

Kaitlyn

Cashio and

McKenna

Levison

enjoy

Bowling

Night

(photo

courtesy

f Isabella

Valdez)

Isabella Valdez Entertainment Editor

On November 4, 2019, Bowlmor Anaheim's lanes were packed with Cypress High School seniors. The class of 2020's most recent event, senior bowling night, was filled with friendly competition

and delicious food. Although it was only the second senior event, senior bowling night proved to be a success as groups of students excitedly pushed their way into the bowling alley, grabbed a pair of bowling shoes, and rushed to find an open lane. By 7:30 PM, there were no lanes left to spare and tables were full of pizza.

Senior bowling exceeded senior Destani Figueroa's expectations due to the "venue being really nice" and being filled with "good company." Despite Bowlmor being a bit far for the students who live in Cypress, many believed the cleanliness and the atmosphere made the journey worth it. Similarly, bowling with friends was a "fun bonding experience" for Kaitlyn Cashio. A bittersweet experience for the seniors, senior bowling was a reminder that the time left should be valued, cherished, and appreciated.

As the year progresses, seniors become more and more aware of the fact that they will soon be separated from their friends and fellow high school students.

The next event, Medieval Times, is not until March 2, with Skyzone following it on April 8. The positive feedback from senior bowling the class of 2020 the upcoming events will successful.

RED RIBBON WEEK

Yolotzin Martinez Business Manager

From October 28 to November 1, the nation celebrates Red Ribbon Week, a week dedicated to remind the youth to say no to drugs. The week is filled with fun themes and lunchtime activities coordinated by Cypress' ASB. The week started off with a throwback to the 90's dressing in 90's attire, Tuesday pajama day, Wednesday was Red Out meaning students were encouraged to wear Thursday red, Halloween so students wore their costumes to schools. To top it all off, the week ended with wearing school colors of

blue and orange to show off our school pride.

"I think Red Ribbon Week serves to remind us about the dangers of drugs and alcoh ol, because often times you get advertised that they're cool," said ASB Director Ms.

Sarah Binford.

Red Ribbon Week
began after the
tragic death

of DEA

agent
E n rique
C a maren a ,
who was

a b d u c t e d and tortured in the war against drugs. All around the nation, people started wearing Red ribbons to commemorate a fallen martyr. They did this to pledge and raise awareness of the killings and destruction caused by drugs. It's very important that future generations are

aware about the real dan-

gers that drugs cause.

BEING GRATEFUL, W

Leilah Abalon - "I

have a group of sup

Luis Ortiz Sports Editor "Let us rise up and be thankful, for if we didn't learn a lot today, at least we learned a little, and if we didn't learn a little, at least we didn't get sick, and if we got sick, at least

we didn't die; so, let us all be thankful."- Buddha. Fast-forward about 2,519 years and gratitude is more important than it has ever been. Living in an age of instant gratification and unceasing impatience, the need to take a step back and fully appreciate the gifts given is undeniable, now more than ever. As human beings,

Margaux Gosicoco

showing some Halloween

spirit (photo courtesy of

Yolotzin Martinez)



#CYPSPOTLIGHT

SENIORS WHO WORK

Audrey Sims Distribution Chief

Here at Cypress, there are many seniors and juniors who are already working. But can a student just go and get a job?

According to www.cde. ca.gov, high school students need to have the proper permission and are limited to a certain amount of hours per week to work. During the academic school year, students under the age of eighteen can only work three hours a day on weekdays and eleven hours total on weekends, and must be released by 9 p.m. Legally, students can only work a total of 18 hours a week. If you are 18 but still a high school student, a permit is still required, but students are allowed to work up to 25 hours a week. During

students can work up to 40 hours a week.

To be eligible for a permit, a student needs to have at least a 2.0 GPA from all previous and current consecutive semesters. Permits are issued at the discretion of the

> According to a recent student survey, there are many seniors and juniors who are already working. A lot of students are working in retail, the food & service industry, with a handful working with their parents. The majority of students state that their reasoning behind working is to have more money to spend on fun activities. "Working allows me to

> > pay my bills and buy new clothes," states senior Destinee Cejas-Law, who works in the food industry.

Some students are already working in their future career fields., gaining new skills and experiences. Students can see Mrs. Mauldin in the counseling office for more information.

SPORTS PARADE

Joaquin Jaimes)

Denise Eppinger Copy Editor

On Thursday, October 24 at lunch, a Fall Sports rally was held for the teams for their great work this season. The band played in the quad as the school mascot jumped and danced across the stage area. The cheerleaders got a chance to practice their routines for competitive cheer. The pep rally showed what the student body could do to in spirit their teams by cheering on the athletes. The rally honored the teams for their hard Cypress Mascot help hype up students (photo courtesy of work and good sportsmanship,

The rally began with drummers from

also

bringing attention

to the school spirit

we have here at Cy-

while

press.

band walking around campus buildings while beating drums, after which teachers were supposed to send their athletes out to join the band. Next,

> the band led the athletes into the quad, where the student body gathered and watched the band play songs as the cheerleaders did various stunts etc. The athletes were cheered on by the crowd

Students watched the rally with the band, cheerleaders, and mascot cheering on the Cypress teams.

HAT DOES IT MEAN?

the summer, however,

we instinctively want the best for ourselves, whether that refers to financial abundance, materialism or being held in high regard. This perpetual state of seeking, only diminishes our humanity and reduces us to nothing more than what we own. Once a year, it is a tradition for families to sit down amongst each other to understand what specific milestones have brought them closer to each other, those moments that taught them invaluable lessons that ultimately helped shape them. In this chaotic world, it is essential to step back from the constant rush, take a deep breath, and cherish the goodness and blessings of life.

work at Paul's Place. I found out

about job openings through my fam-

ily [and] I applied at the main office,

then went to the location for an inter-

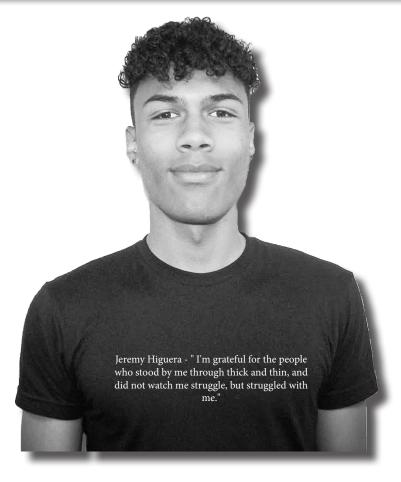
view, and about a month later, or so, I

got called back and I got the job and

uniform," said Senior, Lily O. (photo

courtesy of Joaquín Jaimes)







THE RED HOT CHILI PEPPERS

-Sherald Mitz LISTEP The Red Hot Chili Peppers are one of the most important alternative rock bands of all time. They came out of the LA punk scene in the early 1980s and slowly grew from cult band to rising stars to rock favorites. The Red Hot Chili Peppers, RHCP for short, gives special attention to funk, punk rock, and psychedelic rock. Although this may seem like any other band, the one thing RHCP has over any other band are the wild from the song "Porcelain." and funky bass lines of their bassist Flea has able to RHCP

recognizable sound best seen in the way he and lead guitarist and vocalist John Frusciante play off each other in "Mellow-

ship Slinky in B major" or the melodic rhythms of "Under the Bridge."

If those songs aren't for you, the album *Californication* is full of RHCP's most famous songs such as "Californication," "Scar Tissue," and "Otherside." However, their popular songs aren't the only good songs on the album. Californication also has excellent songs such as "Around The World," "Purple Stain," and the amazing change of pace

For something more recent from RHCP you can look into the album Stadium Arcadium. Songs like "Dani California" or

"Snow (Hey Oh)" are the best what of

dium Arcadium offers, but that shouldn't make you think less of the other songs on the album. "Storm in a Teacup" and "Stadium Arcadium" are very good examples of songs that you should check out if you are interested.

BREAKFAST AT TIFFANY'S

-Dassel Jheong

Audrey Hepburn's timeless look adorned in the 1961 film Breakfast At Tiffany's is still a widely-recognized and influential style, often being recognized as one of the most important collection of garments in movie history by countless media outlets, and remembered through posters, collages, and other art pieces and also celebrated on hip social media accounts. For many people, this image is all that comes to mind when Breakfast At Tiffany's is mentioned. Perhaps this is the cause of the shallow eye often cast upon the masterpiece that is Breakfast At Tiffany's.

As iconic and praise-worthy Audrey Hepburn (and the costume department) is in the film, the focus of Breakfast At Tiffany's is not the fashion. The style is only an extension and effect of the ruthless and intricate melancholy that the film so persuasively portrays. Hepburn's character, Holly Golightly, is stuck in a repetitive struggle against what she calls "the mean reds", described as a feeling when "suddenly you're afraid and you don't know what you're afraid of." Essentially, she is lost and anxious, and

cannot help but to push away everything that could be good for her. Holly is a socialite and call-girl, but extremely innocent at heart, which is excellently represented by Hepburn's acting. She lives with grace and freedom, but is constantly wasting money and time, and pursues rich men whom she hates and calls "rats". The other main character, Paul Varjak, is not far from this vicious cycle, as he is a writer with writer's block and lives off the gratuitous cash given

by a woman he is in an affair with. This film is honestly not an easy one, and not as simplistic and romantic as most people seem to believe. It dives deep into the human condition, a n d reveals layers



THE ROBERT LANGDON BOOK SERIES

-Ramya Sridhar

The Robert Langdon Book Series, written by Dan Brown, is a collection of fast-paced, astute books that explore the forgotten lores of history. With the perfect combination of theoretical science, ancient history, and pure thriller, Brown delves into another level of intelligence in these mystery novels. The book series were published in the following order: Angels and Demons, The Da Vinci Code, The Lost Symbol, Inferno, and Origin. The adventures explore secret cults of history, and advanced, futuristic technology to present the perfect blend

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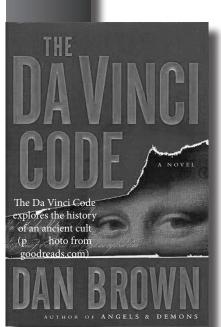
with a new

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of

and



epiphany that edges them closer to the plot.

The two key books of this series are Angels and Demons and The Da Vinci Code. Angels and Demons explores the borders of science and religion, the Illuminati, and the interactions between Science and the Church throughout European History. The Da Vinci Code explores themes of women in history, various cults, the interaction of Christianity and paganism, and, of course, Leonardo Da Vinci himself. In this intense combination of science, religion, and history, Dan Brown breaks conventions and explores the secrets of the past.

"I loved how provoking and suspenseful it was," said junior, Alyssa Kim. "It's one of those books that makes you want to turn to the next page because something unexpected or thrilling occurs."

The book series is centered around the fictitious character Robert Langdon, a middle-aged art historian and a renowned professor at Harvard. His knowledge of symbols and ancient culture, paired with his esteemed reputation, makes him a prime source of information in each of the mysterious, gruesome, gripping murders that each book is centered around. Brown makes up for his prosaic style of writing with a brilliant plot and three dimensional characters. Dan Brown is a revolutionary in the field of mystery writing, and his Langdon Series are an incredible and worthy experience.

FRIENDSGIVING

of desire

and hard-

-Ji Min An

Thanksgiving is a time when families gather to celebrate what they are thankful for.

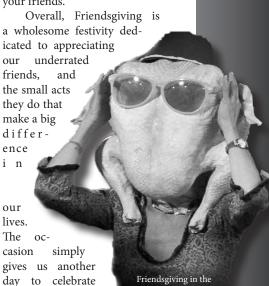
Friendsgiving is a more casual celebration of Thanksgiving, but with your friends. The informal gathering evolved from a replacement implemented by people who lived far from family on the holiday but near friends, into a common "in-addition to Thanksgiving" event. Today, Friendsgiving is a widely celebrated American holiday.

The term "Friendsgiving" was popularized by the American sitcom, Friends. Although the series never mentioned the actual name, it began to pop up on Twitter around 2007. Buzzfeed released a "17 Rules of Friendsgiving" article back in 2013, and since then, the rules have become a general baseline for preparing a successful Friendsgiving. However, Friendsgiving is a totally customizable and modern tradition, with no strict guidelines. Furthermore, it doesn't need to be celebrated on Thanksgiving day, and typically occurs on the day before or the Friday after Thanksgiving.

Junior, Gwendolyne Vega said, "It's a really good time to get together with friends and reflect on everything you've been through together." Her favorite part of the gathering is the potluck. "We bring pasta and pies, and it's the most exciting part," said Vega.

Senior, Logan Rodriguez usually hosts her Friendsgiving parties. "I like letting [my friends] know that I'm really thankful for them by offering my home and serving them good food," said Rodriguez. Friendsgiving is a modern festivity, and a more relaxed take on the traditional holiday. Rodriguez mentioned, "We usually hang out after eating, play Cards Against Humanity, and watch movies." Socializing and experiencing togetherness is the whole purpose of the celebration.

Some students don't think there much to the celebration. Senior, Acacia Carpenter said, "I don't think there should be a special day for it. Technically, it's just eating food with vour friends."



Friends. (photo from friends.fandom.com)

our lives. casion

day to celebrate friendship.

FEATURES

WHERE DID THANKSGIVING GO?

Armen Gamil Features Editor

Thanksgiving is a holiday that has been celebrated ever since the pilgrims shared a meal with the Native Americans. This holiday is meant to give thanks to all for everything and be grateful for the life that's been given to us. But, in recent years, it seems like Thanksgiving is suddenly disappearing and Christmas is coming earlier. If this trend continues, will Thanksgiving be forgotten for good?

So why do some stores put up Christmas decorations so early? What do store owners gain by selling Christmas decorations early? "As we age we don't want to lose our [Christmas] spirit, that's why people want to buy Christmas decorations early," said

Christmas shop owner, Kristopher Kyer. Kyer believes that Christmas and Thanksgiving are like a chain of holidays that should be linked together. "People are willing to pay high prices just for the decorations I have," Kyer stated. It seems that selling Christmas decorations early makes people happy, and it makes a big profit.

It's true that it's nice to think about Christmas early, but does that make it right to forget about Thanksgiving? Some students from Cypress High School disagree and believe that selling Christmas decorations is unconventional and Thanksgiving shouldn't be forgotten.

Senior Naazanin (Rei) Perry believes "that if stores continue selling Christmas decorations early, people will forget about Thanksgiving." Perry also believes that selling decorations early is "sporadic and offsetting," and the reason that stores sell Christmas decorations early, is so they can "take advantage of the anticipation of Christmas." Senior, Marcell Corrales, had a similar view about what might happen to Thanksgiving, "I don't think that Thanksgiving will be completely forgotten, but it will be obsolete."

Stores will always try to earn more profit by selling Christmas decorations early. But at the end of the day, we decide to either remember Thanksgiving or to forget it entirely.



STAFF SPOTLIGHT: JOE HANEY

Nickolas Biolchino Staff Writer

Joe Haney is an instructional aide here at Cypress. He works in the Special Abilities Students (SAS) program and worked for the Anaheim Union High school District for 28 years. In the beginning Joe visited Hope School, a school in our district specifically for students with various disabilities. There he saw the need for assistants. He applied, got the job, and worked for 13 years. Joe has worked in multiple schools including Dale, Loara, and now here at Cypress. He plans to retire from Cypress.

"This position has sure changed over the years," remembers Mr. Haney. "At the beginning of my career there were more medical needs and now the need is more academic. The best part of my job is working with the students in seeing them achieve their individual goals and succeed." Sometimes there are challenges such as students having a rough time at home, with friends, or even at school so they get frustrated and act out. We just need to be patient and try to understand what's going on according to Mr. Haney. "It doesn't matter how much Cypress changes, my passion is always the students." said Mr. Haney.

One of the various classes Mr. Haney takes his students to is Adaptive Physical Education (APE) class. There he assists students in multiple activities. In APE he is able to give students one on one attention. This allows the teacher's modifications to be applied to the student because it is difficult for a teacher to accommodate every student individually. He loves seeing the competitiveness each student has. It drives them to push themselves to overcome some of their challenges while also having fun. SAS students are more alike than different from any other student on campus.



THE NEW IPHONE RELEASE

Nguyen Pham Staff Writer

On September 20, 2019, Apple released new iPhones such as the iPhone 11, iPhone 11 Pro, and the iPhone 11 Pro Max. The prices for these phones are \$699 for the 11, \$999 for the 11 Pro, and \$1099 for the 11 Pro Max. The sizes of the phones for the iPhone 11 is 5.94 inches by 2.98 inches, the iPhone 11 Pro is 5.67 inches by 2.81 inches, and the iPhone 11 Pro Max is 6.22 inches by 3.06 inches.

The iPhone 11 includes the wide and ultra-wide lenses, which gives users the ability to adjust the cropping and zooming after the photo is taken. There's also a new night mode, that comes on automatically, used to brighten

photos in low-light settings. A new addition is "QuickTake," a new video feature that makes it easier to take videos by holding your finger on the camera button. The video quality is 4K with quality at 60 fps, as well as in slo-mo, time-lapse, and expanded dynamic range.

Just like the iPhone 11, the iPhone 11 Pro and iPhone Pro Max has the same features, but includes many more components. The iPhone 11 Pro and Pro Max has a triple camera system, a triangular array of lenses in a rectangular camera bump. Apple is using computational photography to fuse photo data from all three cameras to improve image detail. Also, the iPhone 11 is available in 6 different colors: black, white, red, purple, green, and yellow. While the iPhone 11 Pro and the iPhone 11 Pro Max come in a midnight green, space gray, silver, and gold.

With many advanced features to the new iPhones there are many different views about the new release. Freshman Faustina Bui commented, "The reason why I didn't buy the new iPhone is because I'm too lazy to buy it and also I don't need such an advanced iPhone because I feel like going on your phone is very toxic, so I don't use my phone a lot anyways. Also I'm just going to buy a better phone when I'm older." Another different point of view is from Sophomore Vincent Long who said, "My last phone was broken and I wanted to buy a new, advanced phone."

With many new updates, like the new camera extensions and an extended color choice, the iPhone 11s are quite expensive, so that's why Apple also allows trade-ins of previous models to lower the cost of the new iPhones.



CYPRESS CELEBRATES DÍA DE LOS MUERTOS

Joaquín Jaimes Photo Editor

The annual Día de los Muertos Festival was held Friday, November 1st at the Anaheim Community Center. There was lots of music, like mariachi, and traditional folklórico dancing. Cypress High School, along with other schools in the district, honored those who have died by building ofrendas and decorating them with paper cut-outs of skeletons resembling famous characters from old Mexican movies and TV shows, like El Chavo del 8. Elements from Disney-Pixar's COCO were also present, many skeleton cut-outs resembling Mamá Imelda, and Miguel, characters from the movie, were all around.

Two of Cypress' Spanish teachers were present at the park, where the ofrendas were set up, and helped lead the decoration of Cypress High's ofrenda to those who are no longer with us. "I hope that they enjoy the process of making the ofrenda, and maybe they enjoy it with their families," said Sra. López, Cypress' AP Spanish teacher. "It gets students to be involved, not necessarily stuck in their homes, it gets them involved with their culture and are able to talk

about it," said López.

Día de los Muertos is a traditional Mexican holiday that honors and remembers family, friends, and public figures for their achievements, or how they marked people's lives when they were still alive. Día de los Muertos is a day where it is thought that the spirits of people's loved ones visit them to enjoy the evening as they retell anecdotes of how the deceased marked their lives, remembering the good things they did when they were still alive. Some even dress up as La Catrina, México's 'Mistress of Death,' a figure that represents death herself, in a satirical way. La Catrina, by definition means, 'Elegant woman,' however in traditional Mexican folklore, this has come to be related to death itself. Since Día de los Muertos is a day of remembrance and celebration of life, there will always be color and lively music. While remembering those who were close may be painful, the celebration itself is meant to dedicate happy memories of the deceased.

Spanish Club President, Kassandra Barraza, Senior, said, "When I arrived, we went and found our table and helped unload everything from people's cars... we started to visualize how we'd organize everything. We set up rather quickly, and it came out better than expected," she said, praising the hard work Cypress Students had put in when helping Sra. López and Sra. Chávez set

up the ofrenda. "They [the students] should come over to help since it's not just about making the ofrenda, it's about learning about what happens at the event as well." Barraza added.

Nearing the end of the celebration, around sunset, candles began to light up to add a more emotional and spiritual feeling to the environment. "I watched live mariachi, I got food like a [carne] asada burrito... My favorite part is seeing kids dancing to La Raspa, [a traditional folklórico dance]," said Andy Nguyen, a Cypress Senior, and volunteer from Cypress' Best Buddies program. "I recommend you guys get the amazing food, listen to the live mariachi, and get face painting, and take pictures of our school's ofrenda." he added, encouraging Cypress students to come, and bring their friends next year.

It wasn't just at the Anaheim Community Center. Cypress High School Spanish students also decorated the Media Center with various ofrendas and posters inspired by Día de los Muertos. The ofrendas were set up earlier that day, and students were encouraged to come into the Media Center to view the ofrendas that were made by other students. "I think they're beautiful, they're well made. I love how there's a lot of Latino culture-There's a lot of diversity." said Susana Andraka, a Cypress Senior.



ENTERTAINMENT

JOKER: US VS. THEM

Zac Milam CYPSPOTLIGHT

Another iteration of the Joker has hit theaters. Joaquin Phoenix is the latest to assume the mantle of the beloved character. Joker (Todd Phillips, 2019) centers around the life of Arthur Fleck,

a mentally-ill and aspiring comedian. The film demonstrates the descent people take when they're fed up with being isolated from society.

The film shows the story of an "Us vs. Them." Arthur feels belittled by society, and doesn't feel safe wherever he goes. He's always bullied, ridiculed, a n d

picked on. He originally wanted to spread joy, but that didn't play out well for him.

One factor that makes this film so appealing is the melancholy music score. It adds to the thrill of it, enthralling the audience minute by minute. The background music to those scenes makes the movie more eerie.

> Mrs. Monera, a teacher at Cypress High School, didn't enjoy how the film highlighted mental illness. "I didn't approve of it because it humanizes villains," she said. "Cinematically, it's an achievement, but perhaps it's irresponsible to release at this time." Ultimately, Joker was

a movie with an interesting storyline, excellent music, and great characterization of the Joker himself.

> *Joker* grossed over \$934 million, making R-rated film of all time (photo from Bad Feeling

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WHO WAS THE MYSTERY GUEST AT CAMP FLOG GNAW?

Jasmine Coquia Photo Editor

Tyler, the Creator's annual Camp Flog Gnaw music festival took place on November 9-10 for its eighth year. LA's Dodger Stadium was filled with food stands, carnival rides, and three different stages for the performances. This year's lineup consisted of some of the hottest R&B and Rap artists in the industry, such as Summer Walker, H.E.R., Daniel Caesar, Juice WRLD, Solange, YG, Tyler the Creator himself, and a mystery headliner under "???".

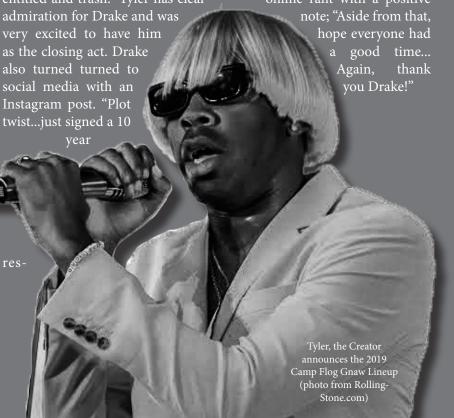
Fans around the world shared their theories on who the secret artist would be. The majority predicted singer Frank Ocean, who fans know is extremely rare, considering that he's almost never seen in public due to his introverted personality. Ocean hasn't performed live for the public since the music festival FYF Fest in 2017. The "we want Frank" chants from the crowd made it clear

that many kept their hopes high. Instead, Tyler first brought out A\$AP Rocky to perform "Jodye" and "Praise The Lord." Next was Lil Uzi Vert, who ran through "Money Longer" and "Sanguine Paradise." Lastly, Tyler revealed who would be the third and final secret guest: Drake. Videos show that the crowd expressed mixed signals as they realized Ocean wasn't coming out. The booing was nonstop, so Drake stopped after a few songs and said, "...I'm here for you tonight. If you want me to keep going, I will keep going," according to Billboard. The crowd responded with more boos and disapproving chants. With that, he told the crowd "It's been love...thank you for having me." and ended his set 15 minutes early with a quick exit off stage. "The crowd was acting super entitled and ungrateful," says Cypress Senior Darlene Dinh. "But I would love to go next year because Tyler puts a lot of love and effort into his festivals." That was the end

of Camp Flog Gnaw 2019.

The next day, Tyler vented his embarrassment towards his fans on Twitter. "Y'all...made us look so entitled and trash." Tyler has clear admiration for Drake and was very excited to have him as the closing act. Drake

idency at Camp Flog Gnaw," he teased. "Sorry kids see you EV-ERY SINGLE YEAR till you are 30." Nonetheless, Tyler ended his online rant with a positive





LOWER GAZE: THE BATTLE AGAINST CHAUVINISM

Ramya Sridhar **CYPSPOTLIGHT** Editor

"By marriage, the husband and wife are one person in law: that is, the very being or legal existence of the woman is suspended during the marriage, or at least is incorporated and consolidated into that of the husband: under whose wing, protection, and cover, she performs everything..." (Blackstone's Commentaries on

the laws of England.)

Laws such as these have existed all throughout the course of history. In 1290, the Fleta document of England essentially stated that rape isn't considered rape if the woman winds up pregnant. In 1777, women of all 13 colonies were officially stripped of their right to vote. In 1855, in the Supreme court case Missouri v. Celia, a black slave girl was declared property of her owner, and stripped of the right to defend herself if her master attempted to rape her.

Concepts and rules like these extended well beyond the time frame of the last ten centuries. In Rome, 215 BC, the Lex Oppia stripped women of all wealth beyond an ounce of gold, as well as the right to wear purple, which was a symbol of high status. After losing their husbands, sons, and families to a terrible war, they were forced to live on the streets.

Misogyny and oppression are everywhere in history. Across the globe, the basis of almost every culture follows the doctrine of patriarchy. That inherent thought of male superiority is ingrained in the very subconsciousness of civilization. Women are viewed as the secondary sex, as the lesser and weaker form.

Present-day, things have changed. We see that women have come a long way from the days of the Witch trials. Women have been given the right to vote, work, and live independently. But the broad steps taken over the last century tend to blind people and create the illusion that sexism and misogyny has somehow been resolved, wiped clean from this world. That is not true. In America alone, one out of every five women has been raped at some point in her life (For men, that figure becomes one in every 71.) Women roughly earn 98 cents for every dollar earned by a man for the same job and with the same qualifications, and this number fluctuates depending on race and gender. Even today, the laws of society try to determine what happens in a woman's womb.

The ideal woman, in many societies, is encouraged to be pious, chaste, shy, and is expected to be vulnerable, soft, weak-willed. Of course, there are plenty of similar expectations imposed on men--of them being hardened, apathetic, reckless, borderline savage. Women were--and to some degree, still are--expected to live their lives in the shadows of

and then their husbands. Men are expected to dominate society, and women to live around and under their domination. That is a difficult role to take on--for both the man and the woman. Nevertheless, these patriarchal ideas are pushed on both sexes.

Again, to reiterate, society has progressed. Many have moved beyond this narrowed mindset and embraced the idea of equality. But it is important to note that this backward form of thinking still very much exists. Women are suppressed, and that suppression is accepted; women from all over the world throw away their passions and their education to marry and settle, as per familial expectations. They embrace oppression and teach it to their children. They accept their roles as submissive individuals.

Women are just as strong. Women just as are fearless. Women just as are capable. These are all empowering things to say, but women should not have to keep saying them. These should be understood. Patriarchy, in all its evil resilience, should be vanquished. It is the 21st century; there is no place for any form of discrimination. As the Nigerian writer Chimamanda Ngozi Adichie best put it, "Culture does not make people. People make culture. If it is true that the full humanity of women is not our culture, then we can and must make it our culture."



PINK TAX: STOP PUTTING PRICE TAGS ON MENSTRUAL CYCLES

Yeji Jong Opinion & Layout Editor

For decades, pads and tampons have been taxed as luxury items. According to California Assemblywoman, Christina Garcia, Californian women on average pay about \$7 per month for 40 years of tampons and pads. Statewide, it adds up to "over \$20 million annually in taxes," according to a news release. The tax on tampons is a direct effect of structural sexism and is a matter of economic justice.

According to the HuffPost, more women are on the poverty line and more likely to experience poverty compared to men. Menstrual products are already expensive and the tax adds to the financial burden women face. This causes a widespread epidemic known as "Period Poverty". In other words, women who live in poverty simply can't afford the menstrual products. Female students and homeless women are directly affected. Low income female students lack the resources to manage the menstrual cycle. Menstrual poverty combined with the stigmatization of menstruation prevents

female students from attending access to menstrual products. school, interfering with their education. According to a study, one in five teens struggle to afford menstrual products and one in four teens have missed class due to the lack of

Tampons are a basic necessity. The tax on female hygiene products taxes women for being women. As a society we should seek to move forward from abrasive economic laws

that make feminine products a luxury and inaccessible to some. Uplifting the tax on periods isn't just about dollar bills, however. It's about uplifting the history of sexist and discriminatory laws that disproportionately hurt women. The policies enforced upon women show the negligence of the government and signify their attempts to keep women worse off than men. Women should have the right to purchase necessary products without being financially penalized. Menstruation products are a basic human right.



FOOTBALL WINS A THRILLER AGAINST VENTURA TO MAKE THE SEMIS

Jacob Fisk Sports Editor

Cypress Football has been on a roll this season, winning all ten games of the regular season, to clinch their first league title since 2011. In addition to this incredible run, Cypress dominated in the first round of CIF with a 35-8 win over the Huntington Beach Oilers, to advance to the second round.

On November 15, the Centurions traveled by bus for two hours to Ventura High School for their Quarter Final matchup. From the start of the game, Ventura almost scored a 45-yard touchdown at the start of the game to take an early lead, but their touchdown was negated for a holding penalty. However, Ventura scored two touchdowns and then scored a 21-yard field goal with 51.2 seconds left in the second quarter. The Centurions managed to get on the board when Senior running back, Isaac Hurtado scored a five-yard-touchdown with 24 seconds left, but were still losing 17-7 at half time.

This is the first time in the season that Cypress was losing after half time. However, Head Coach Feldman remained confident, believing in this team. "So we're down 17-0 near the end of the first half, we were able to run the ball and score at the end of the first half. We played as badly as we could play, but we

know we were going to play better in the second half. If we just come out and score, and get one stop and score, then we're winning."

Immediately in the third quarter, Cypress began the momentum they desperately needed. Starting the drive at their own 32 yard line, the Centurions marched down the field. Hurtado found the endzone with a 5-yard touchdown, to make it a one score

A few minutes later, Hurtado would score his third touchdown with a 30 yard run on the right side for a 19-17 lead. After that, another defensive series stop by Cypress, caused Ventura to punt the ball to the Centurions four yard line.

Despite being all the way back and having some risk for a safety, Hurtado found an open lane and ran all the way for a 96 yard touchdown for his fourth of the night with 1:02 left in the third quarter.

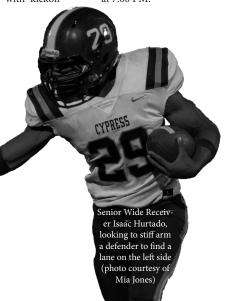
With time winding down, Hurtado seemingly clinched Cypress a semi-final berth with a 23-yard touchdown to make it 33-17 with only 3:17 left in the game. However, Ventura struggled in an attempt to get a comeback they needed to keep their season alive. The Cougars scored a 42-yard passing touchdown, and then scored with a two point conversion (instead of kicking the ball for one point, the offensive team gets only one play from the two yard line and has to score a touchdown worth two points) to make it 33-25 and keep their hopes alive.

Ventura had to kick an onside kick (a short kick with a bounce to cause the opposing team to lose control) in order to get the ball back and have a chance to tie the game. After the Cougars kicker kicked the ball, it bounced over a Centurion and a Ventura player managed to recover the ball at the Cypress 47.

The Cougars managed to move up the field quickly due to a pass interference call that moved Ventura from the 47 yard line to the 21 yard line. Ventura scored another touchdown to make it a two point game with 1:32 left. In order to tie the game, they had to go for another two point conversion and decided to put their season on the line with a pass to the right corner of the endzone but was out of reach and was an incomplete p a s s , keeping the game 33-31.

With Ventura down by two points, they had to go for another on-side kick, except this time, when the ball bounced high in the air, Hurtado jumped as high as he could and managed to recover the ball for the Centurions at their own 46. Cypress would get one more first down, before kneeing the clock out to secure a spot in the Semi Finals.

It was a back and forth game at Ventura High School, except the Centurions managed to comeback from a 17 point deficit and hang onto their lead in dramatic fashion. Cypress takes on the Serrano Diamondbacks for a rematch from last season's 19-8 playoff loss. This season both teams are currently undefeated with 12-0 records each, but only one of these teams will move on to the championship game. The Centurions will face the Diamondbacks on Friday, November 22 at Handel Stadium (Western HS) with kickoff at 7:00 PM.



OYS SOCCER KICKS OFF

Yeji Jong

Opinion & Layout Editor

Cypress High's Boys Varsity Soccer Team kicked off their season, working hard during their practices every day to prepare for their upcoming games against some tough rivals. The roster

is filled with athletes from all grade levels, from freshmen to seniors. The players from the class of 2020 look forward anxiously to their final season as High School Soccer players.

Jorge Ortiz (Center Midfielder, Senior), hopes for the team to win six games and to qualify for CIF this season. He looks forward to playing alongside his teammates and friends. "I love soccer, especially playing with friends. I hope we score more goals this season," Ortiz said.

Adrian Bermeo (Right/Back, Senior) wants a better record this season, and also hopes to qualify for CIF. "I've been playing [soccer] since I was five years old, It's a good way to bond with friends and staying fit," Bermeo stated.

Robbie Bun (Center attacking midfielder, Senior) hopes to see teamwork improve this season, but also hopes to have fun playing soccer. "I play for myself and the future. My favorite part is the blood, sweat, and tears I put into it," Bun said. He's excited to play Valencia in January and has high hopes for each game.

It's not only seniors that are excited for the upcoming season, but new freshmen and sophomore players. Nathan Veloz (Center Defensive Midfielder, Freshman) enjoys the speed [of the game] and connecting with other players. As a new member of Varsity, he hopes to improve his ability and experience playing at a higher level. "I'm constantly moving and anticipating,"

he said, "I just put myself in the moment, focus and stay calm," he added.

Geonhee Kim (Center Midfielder, Sophomore) wishes to win four games and also to qualify for CIF. "I love kicking the ball and played ever since I was seven years old. It's difficult mentally and physically when you lose, but I think it's worth it. I just love soccer!" he stated.

The team's love for soccer is very prominent and they have a very close-knit bond. They consider each other family and wish to represent themselves as a team



GIRLS /OLLEYBALL



Eman Sharkasi Opinion Editor Our Girls Varsity Volleyball team has been doing amazing this year, as always, with wins against many of our rivals including Kennedy. Back in August the team won a home match 3-0 (25-11,

25-21, 25-16) and then defeated Valencia, with another winning score of 3-0 (25-11, 25-17, 25-19). Their commitment was rewarded by qualifying to compete in CIF Saturday, October 26. Although the girls lost against Bishop Montgomery, the team was persistent and put in a great deal of effort to place, the match ended with the score 1-3 (16-25, 14-25, 25-21, 21-25).

Middle Blocker Genevieve Crenshaw says her favorite game this season was competing against Los Al because the players got "super hyped". Though she says she thinks they could've performed better in their last game she is proud of their achievements overall. She first started playing volleyball to have a good time and because her friends joined but soon realized how much she enjoyed playing. Her favorite memory was, "when Sydney Tengan got smacked in the face by a serve and flew back." Mr. Haney assisting junior Cesar Alvarez complete his academic goals Genevieve has decided she wants to play soccer instead of volleyball in college.